



**Military Officers Association of America**  
**Northeast Florida Chapter**  
Monthly Membership Newsletter  
**January 2024 Edition**



P.O. Box 442022,  
Jacksonville, FL 32222-2022

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MOAA Legislative Action Center  
<https://moaa.quorum.us/>

This publication is intended for the benefit of our membership and to provide a form of communications to the members by the Officers and Board of Directors of the chapter.

The "Nor'easter" is a newsletter of MOAA Northeast Florida Chapter (FL-18); published by the Northeast Florida Chapter, which is an affiliate of the Military Officers Association of America (MOAA). MOAA and its affiliated chapters and councils are **non-partisan**. The advertisements that appear in this publication also do not reflect an endorsement by MOAA or this affiliate.

#### CHAPTER MEMBERSHIP APPLICATION & RENEWAL

If you would like to join our chapter or renew your current membership go to <https://chapterdues.moaa.org/> by doing so you will be able to pay online using your credit/debit card. Annual membership is ONLY \$25.00 or \$12.50 if you are a surviving spouse. If you have any questions please contact our chapter Membership Chair, David Mosley, by email at [dlynnmosley@gmail.com](mailto:dlynnmosley@gmail.com).



## The President's Corner

CWO5 Marc Manor, USN (Ret)

This is my final newsletter article before I pass the reigns over to CDR Paul Werring for the next two years. Paul has served the chapter in a number of capacities, most notably as Vice President. Paul has done an outstanding job coordinating our monthly luncheons over the past four years. I am confident Paul will be a fantastic President and provide leadership that will help our chapter grow and flourish for the next two years and beyond.

I have many other people to thank for their support through my term; but no one person has done more for our chapter, since I have been a member, than LT David Mosley. In my view, the two positions on our board with the most workload are Secretary and Membership Chair and David runs both positions like a well oiled machine! David keeps all of our records straight, submits reports, prepares agendas and countless other things behind the scenes to keep our chapter afloat and on course. He is always on top of our membership statistics and his radar is always on when it comes to identifying potential new members. He has always propped me up and kept me in line as President. Words cannot express the gratitude I have for David's support for me and his continued efforts on behalf of our chapter.

A slew of other people deserve my thanks as well! Col Wally Bransford and Col Frosty Roberts could always be counted as mentors and sources for guidance. Wally took over our newsletter and kept it going as the "Five Star" product that it has always been. Col Ken Kirkpatrick has kept our books in order down to the penny and provided timely and accurate reporting without fail. CDR Bruce Carawon's work with the local high schools and universities has been nothing short of spectacular. The awards and events we participate in as a chapter show the community what we are all about, and we have Bruce to thank for that! John and Cindy O'Sullivan revived our Scholarship program and we awarded four scholarships in one year! Amazing! Who will follow in their footsteps and keep the momentum going?

Kathy Spain has been the model of consistency as our Legislative Chair, keeping us in-the-know on what our legislators are working on (or sometimes not working on!). Wayne and Fran Elliott, and Linda Mosley have been incredible in putting together our annual Christmas gatherings. Linda puts together our Toys-for-Tots drive every year — yet another important community contribution; thanks also to those who contributed to Toys-for-Tots! As chapter Chaplain, David McCuiston's prayers and patriotic rendition of "Old Glory" leave all in attendance with goosebumps.

One of the things I am most fired up about is the more active role the Surviving Spouses have taken. Since Vicki McCuiston volunteered to be our Surviving Spouse Liaison, she has been assisted by Wanda Bosworth and Elizabeth Meux. Our surviving spouse community is more engaged and determined to serve and support each other than ever! While an active support structure for our surviving spouses is not necessarily the primary mission of MOAA national, it is about the most important thing we do at chapter level. We owe our sincere gratitude to these ladies and our surviving spouse membership for their support of the chapter and each other.

As I write this, I see that the first Chapter President was CAPT F.E. Wigeliou, USN in 1956. There were clearly many people in our chapter through the years who supported CAPT Wigeliou and all the rest of our Presidents in the years since. As our new leadership takes the helm, I thank all our members and look forward to participating and contributing to our chapter in other ways as we continue to make a positive impact in our community...and having fun doing it!

Steady as she goes...Never Stop Serving!

—Marc

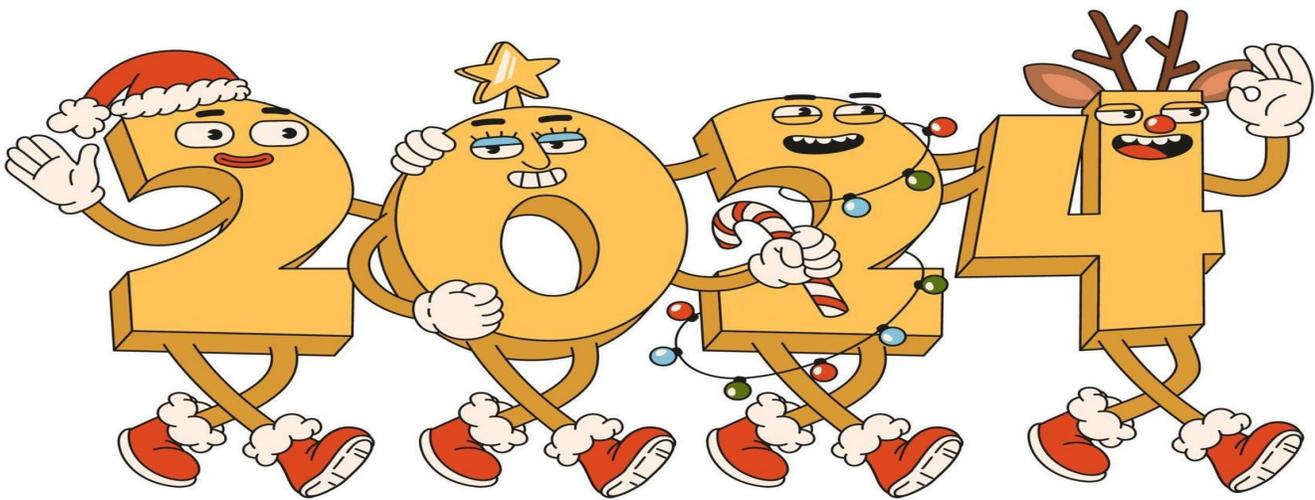
# From Your 2<sup>nd</sup> Vice President CDR Paul Werring, USN (Ret)

**MEETING UPDATES.** Our holiday party at the Hilltop Restaurant on the evening of 13 December was a rousing success. We had 38 people in attendance and everybody had a great time at the event that included a dirty Santa gift exchange and door prizes. I want to thank Fran Elliott for making all the arrangements with the Hilltop and to Linda Mosley for running the festivities during the evening.

Our January meeting / luncheon will be on 18th at the River Cove Conference Center on NAS Jax. There will be a social beginning at 1100 with lunch being served at 1130. Lunch will consist of a garden salad with ranch & Italian dressings, chicken noodle soup, turkey/bacon/cheddar sandwiches, and strawberry cake for dessert. Our business meeting will begin at approximately 1200. Our Florida Council of Chapters Northeast Florida Area Vice President, CAPT Tony LaVecchia, U.S. Navy (Ret.), will be in attendance to officiate the Installation of Officers ceremony.

I have been elected to be your new Chapter President, so this will be my last article as 2nd Vice President. But as always, if you have any thoughts or concerns on any issue, you can always e-mail them to me at [pgwerring@gmail.com](mailto:pgwerring@gmail.com).

As we march forward from 2023 into 2024, thanks again for your support.



## Surviving Spouse Corner Wanda Bosworth

Surviving spouses seeking information about MOAA's Surviving Spouse program can contact Wanda at [wpbosw@bellsouth.net](mailto:wpbosw@bellsouth.net) (phone 904-654-6945).

# LEGISLATIVE AFFAIRS

By Kathy Spain

“A Time for Choosing”

**CONGRESS PASSES \$886 BILLION FY 24 NDAA:** On Dec. 7, the House and Senate Armed Services Committees completed their conference on the FY 2024 NATIONAL DEFENSE AUTHORIZATION ACT (FY24 NDAA) and unveiled their compromise bill. The following week, on Dec. 13, the Senate approved the reconciliation bill with a vote of 87 – 13; the next day, on Dec. 14, the House also passed the measure, 310 – 118. President Biden is expected to sign the bill before year’s end.

The annual defense bill authorizes funding levels and provides authorization for critical defense priorities—including the training, equipment, and resources required by our military to carry out their missions. This year’s bill—which is over 3,000 pages in length—also “addresses the most significant national security priorities of the United States, including strategic competition with China and Russia, disruptive technologies like hypersonic weapons, artificial intelligence, and quantum computing; modernizing America’s ships, aircraft, and combat vehicles; and improving the lives of our service members and their families.” (per the SASC Summary of the FY24 NDAA) The total national defense topline is \$886 billion—with allocations of \$841.4 billion for DOD, \$32.4 billion for DOE, and \$12.5 billion for defense-related activities.

The final version of the defense bill left out provisions addressing divisive social issues that had been included in the House version. Notable highlights of the NDAA’s many provisions include the following: a 5.2% pay raise for service members and civilian employees of DOD; the addition of Israel and Taiwan to a program set up for expediting the delivery and replenishment of munitions to Ukraine; funding for the sea-launched nuclear cruise missile program (over administration objections); authorization for a nuclear submarine agreement and new security partnership with Britain and Australia known as AUKUS; authorization for millions of dollars in weapons for Israel and Ukraine (separate from the Emergency Supplemental requested by the White House); and a delay in construction of the Space Command Headquarters in Colorado Springs, CO until July so two watchdog agencies can complete reports evaluating the decision of the Biden administration to negate DOD’s decision to place it in Huntsville, AL.

The final version of the FY24 NDAA also includes a 4-month extension of the controversial domestic surveillance authority known as Section 702 of the FOREIGN INTELLIGENCE SURVEILLANCE ACT (FISA)—giving lawmakers more time to either reform or keep the program. Congress enacted FISA Section 702 in 2008, and it must be re-authorized every 5 years. In recent years, FBI agents have reportedly used this surveillance authority—which is supposed to be limited to non-U.S. citizens located outside the U.S.—to gain warrantless access to the communications of tens of thousands of U.S. citizens. When Congress returns to Washington in January, lawmakers are expected to resume debate over whether and how to overhaul the program.

**LAWMAKERS FACE 2 GOVT SHUTDOWNS AFTER HOLIDAYS:** The defense and non-defense spending caps for fiscal years 2024 and 2025 were set during debt ceiling negotiations for the FISCAL RESPONSIBILITY ACT (FRA) earlier in the year. While the Senate Appropriations Committee has approved all 12 FY24 appropriations bills consistent with the FRA caps, the House has

(continued on next page)

backed away from the negotiated levels and brought non-defense spending bills to the Floor at levels significantly below the FRA negotiated level—in an effort to reduce government spending. This House—Senate divide continues to make negotiations over final FY24 appropriations bills extremely difficult. Meanwhile, enactment of a “laddered” Continuing Resolution (CR) on Nov. 16, continued federal funding at FY 2023 levels through Jan. 19, 2024 for Transportation/HUD, Military Construction/Veterans’ Affairs, Energy & Water, and the Dept. of Agriculture....and through Feb. 2, 2024 for the funding of the remaining 8 appropriations bills (which include defense spending). If full-year appropriations bills have not been passed by those respective deadlines, additional CRs will be required to avoid a government shutdown of affected agencies and departments.

**EMERGENCY SPENDING REQUEST STILL BOGGED DOWN IN CONGRESS:** Another major issue remaining unsettled is the Oct. 20th Supplemental Appropriations request from the Biden administration. The \$110.5 billion request includes: \$60.8 billion in security & other assistance for Ukraine; \$13.9 billion in security assistance for Israel; \$13.6 billion for U.S. border security; \$9.6 billion in humanitarian assistance; and \$2 billion for security assistance to allies in the Indo-Pacific. The holdup on passage is coming from lawmakers who are insisting that legislation dealing with refugees and the southern border crisis also be included in the package. The debate came to a head on Dec. 6 when the Senate version of the emergency spending bill failed on a vote of 49 – 51. The dissenters are adamant that the legislation must include substantial border security policy changes to “stop the invasion of migrants at the southern border and reinstate our national sovereignty”. Consequently, Congress left Washington for the holidays without reaching a deal on immigration and without sending a supplemental spending bill to the president’s desk.

**MOAA’S 2024 PRIORITIES:** While many of MOAA’s legislative priorities did make it into the FY24 NDAA, a number of them did not. Following is a quick update on those priorities being carried over into 2024: (1) **CONCURRENT RECEIPT FOR COMBAT-INJURED VETERANS**--The Maj. Richard Star Act (H.R.1292/ S. 344) would reverse the unjust offset requiring combat-injured vets to forfeit one dollar of DOD-earned retirement pay for every dollar of VA-provided disability benefits; (2) **BAH RESTORATION**—The BAH Restoration Act (H.R. 2537/ S. 1823) would restore the housing allowance to 100% of housing costs from the current allowance of 95%; (3) **ARLINGTON ELIGIBILITY**—The Expanding America’s National Cemetery Act (H.R. 1413) is needed to ensure a long-term solution and prevent an eligibility reduction at Arlington National Cemetery; (4) **DENTAL CARE FOR RESERVISTS**—The Dental Care for Our Troops Act (H.R. 4220/ S. 2046) would allow National Guard and Reserve members to maintain their dental readiness without incurring out-of-pocket costs; and **THE ‘180-DAY RULE’**—The Retain Skilled Veterans Act (H.R. 939/ S. 334) would repeal the mandatory 6-month cooling-off period for service members to apply for DOD positions (GS-13 and below) because DOD is losing the opportunity to hire veterans with exceptional technical skills and the security clearances to go with them.

Please take action by using MOAA’s Legislative Action Center at [www.MOAA.org](http://www.MOAA.org) . Feel free to customize the pre-formatted messages with your personal story or thoughts to add impact. Furthermore, tell your friends what is going on and encourage them to contact their legislators. You do not need to be a MOAA member to use the Action Center. Finally, you can easily get in touch with your representative or their staff by calling MOAA’s toll-free hotline at 866-272-MOAA (6622). Ask to speak to your rep’s military legislative assistant or legislative director, and schedule a follow-up call if they are unavailable. Let your voice be heard!

**FOOD FOR THOUGHT:** “FREEDOM is when the people can speak; DEMOCRACY is when the government listens.” -unknown

**PERSONAL NOTE:** This is my final Legislative Affairs column for the NOR’EASTER, as I am stepping down from the position of Legislative Affairs chair at the end of 2023. It has been an honor and privilege to serve the chapter in this position for the last twelve years. I leave you with two final thoughts: “Evil succeeds when good men (and women) do nothing.” AND “For democracy to succeed, the electorate must be both informed and involved.” May God bless America and all those who fight to keep her free!

—NEVER STOP SERVING!—

# Chaplain's Corner— David McCuiston, CWO , USN (Ret)

## The Spirit of a New Year

In Exodus 34, Moses asks God to reveal the "glory" of Divine Spirit. God responds with 13 Godly Attributes that humanity must emulate in life: kindness and compassion, patience and calmness of spirit, a caring heart, and eyes open to the future. Divinely, it means emulating Godly Attributes of showing compassion, extending kindness, holding back anger, sharing patience, driving away the darkness with light, and replacing despair with hope. It is the same for individuals, organizations, businesses, and country. (Rabbi Rick Sherwin in *The Apopka Voice*.)

Ancient Wisdom for the New Year in Shamanic philosophy sees the turning of the year as a time to honor and give back to Mother Earth, and a way of tapping into and acknowledging nature's cycle of transformation (Kripalu.org). Few people realize that New Year is a Christian Festival. January 1st marks the Day that Jesus was presented in the Temple, formally received the name "Jesus," and was circumcised. Therefore, this is the 2,018th year of the rule of the Christ. a Very Happy New Year. ("https://www.psephizo.com). "And when eight days were fulfilled for circumcising him, his name was called Jesus, which was so called by the angel before he was conceived in the womb." (Luke 2:21.)

*Yesterday's America* describes 5 Spiritual Rituals to welcome in the new year.

1) Privately reevaluate the past year (many people tend to focus only on what's ahead when it comes to New Year's Day.) . . . 2) Arrange a day to declutter your life. . . . 3) Formally invite prosperity into your life. . . . 4) Spend New Year's Eve in meditation. . . . 5) Place special emphasis on the first twelve days.

Sister Mary Ann Barret, O.P. , offers the following New Year Prayer (Xavier.edu).

*We Pray...*

*For healing...prepare us for surprises.*

*For strength...prepare us for surprises.*

*For vision...prepare us for surprises.*

*For transformation...prepare us for surprises.*

*For messengers and messages...prepare us for surprises.*

*For community...prepare us for surprises.*

*For acceptance - of ourselves and others...prepare us for surprises.*

*For making room at our tables...prepare us for surprises.*

*For Truth-seeking...prepare us for surprises.*

*For support...prepare us for surprises.*

*For Common Ground...prepare us for surprises.*

*Walk beside us, O Holy One, as we question and welcome,*

*as we challenge and invite, as we discover and understand,*

*as we see, touch, taste, smell, and listen for the Newness awaiting us in [the new year].*

*May we, Your Holy People, walk forward together side by side. —Amen*

After the excitement, or despair, of your New Years Day Football games, take a few moments in quiet meditation, read again these benefits of a Spiritual New Year and Sister Barret's Prayer, and reflect on the past year and of your vision for the coming year.

**Here's wishing you all the best in 2024!**

## Northeast Florida Chapter, FL-18

### Elected Officers/Board Members, Appointed Committee Chairs and Support Staff

#### Chapter Officers/Directors (Note: Changes will be posted after installation of new officers on 17 JAN)

President: CWO5 Marc Manor, USN Ret, 904-874-1030, [manor.marc@gmail.com](mailto:manor.marc@gmail.com)  
1st Vice President: LTC Jim Lorenz, USA Ret, 703-283-1791, [jim.lorenz84@gmail.com](mailto:jim.lorenz84@gmail.com)  
2nd Vice President: CDR Paul Werring, USN Ret, 571-274-6570, [pgwerring@gmail.com](mailto:pgwerring@gmail.com)  
Treasurer: COL Ken Kirkpatrick, USA Ret, 904-718-9789, [kenneth.m.kirkpatrick@gmail.com](mailto:kenneth.m.kirkpatrick@gmail.com)  
Secretary: LT David Mosley, USN Ret, 252-469-1824, [dlynnmosley@gmail.com](mailto:dlynnmosley@gmail.com)  
Immediate Past President: COL William Roberts, USA Ret, 321-987-2556, [frostyroberts@msn.com](mailto:frostyroberts@msn.com)  
Director: CWO5 Wayne Elliott, USN Ret, 904-282-9604, [elliottwf@att.net](mailto:elliottwf@att.net)  
Director: Mrs. Kathy Spain, SS, [twin\\_oaks@comcast.net](mailto:twin_oaks@comcast.net)  
Director: CDR Bruce Carawon, USN Ret, 904-610-6366, [brcar1@comcast.net](mailto:brcar1@comcast.net)  
Director: CDR David Kennett, USN Ret, 904-790-1630, [ddkennett@yahoo.com](mailto:ddkennett@yahoo.com)

#### Appointed Committee Chairs

Legislative Affairs: Mrs. Kathy Spain, SS, [twin\\_oaks@comcast.net](mailto:twin_oaks@comcast.net)  
Membership: LT David Mosley, USN Ret, 252-469-1824, [dlynnmosley@gmail.com](mailto:dlynnmosley@gmail.com)  
Transition Liaison: CDR David Kennett, USN Ret, 904-790-1630, [ddkennett@yahoo.com](mailto:ddkennett@yahoo.com)  
ROTC/JROTC: CDR Bruce Carawon, USN Ret, 904-910-6366, [brcar1@comcast.net](mailto:brcar1@comcast.net)  
Scholarship: Mrs. Cindy O'Sullivan, 904-894-4619, [anabat@gmail.com](mailto:anabat@gmail.com)  
COL John O'Sullivan, USAF, Ret, 904-338-1075, [pacomj60@aol.com](mailto:pacomj60@aol.com)  
Personal Affairs: Mrs. Wanda Bosworth, SS, 904-634-6945, [wpbosw@bellsouth.net](mailto:wpbosw@bellsouth.net)  
Public Affairs: Vacant  
Surviving Spouse Liaison: Mrs. Wanda Bosworth, (phone 904-654-6945), [wpbosw@bellsouth.net](mailto:wpbosw@bellsouth.net)

#### Chapter Support Staff

Chaplain: CWO4 David McCuiston, USN (Ret), 423-402-1643, [davidmcc44@outlook.com](mailto:davidmcc44@outlook.com)  
Newsletter Editor: COL William Bransford, USA Ret, 904-297-4928, [bransfordwm52@gmail.com](mailto:bransfordwm52@gmail.com)  
Webmaster: LT David Mosley, USN Ret, 252-469-1824, [dlynnmosley@gmail.com](mailto:dlynnmosley@gmail.com)  
Official Greeter: Mrs. Phyllis Dunphy, 904-891-0176, [phyllis.dunphy@icloud.com](mailto:phyllis.dunphy@icloud.com)

***MOAA is an independent, nonprofit, politically nonpartisan organization, widely acclaimed as the leading voice in Congress on compensation and earned benefit concerns for all members of the military community.***

# From Your Secretary

LT David Mosley, USN (Ret)

Our Florida Council of Chapters Northeast Florida Area Vice President, CAPT Tony LaVecchia, U.S. Navy (Ret.), will attend our 17 January 2024 meeting to officiate the Installation of Officers ceremony for the officers and directors elected at our 15 November annual business meeting.

The Nominating Committee developed the recommended slate of officers prior to the meeting. During the meeting, 2nd Vice President Commander Paul Werring, USN, Ret., was nominated and elected to fill the Presidency, and Lieutenant David Faehnrich, USN, Ret. was nominated and elected to serve as 2nd Vice President.

The remainder of the slate of officers recommended by the Nominating Committee were elected without exception. The currently serving officers will continue in their positions for another two year term, and Lieutenant Colonel Lee Grannis, USA, Ret., will replace CDR David Kennett, USN, Ret. as a Director.

This month's Legislative Update column is Kathy Spain's last column. After 12 years of providing us with a clear picture of what the Congress is working on and the things that MOAA National needs us to help with, Kathy is stepping down. Patty Bransford has volunteered to fill Kathy's position.

The January meeting will also be the final luncheon presided over by our outgoing President, CWO5 Marc Manor. Marc has led our chapter for two productive and eventful years, guiding us out of the COVID 19 era and onto a path of renewed growth, productivity and accomplishment. He will assume the role of Immediate Past President and will continue to provide his wisdom and institutional knowledge to CDR Paul Werring as he takes the helm for the next two years.

The First Vice President position remains vacant, and the chapter's Board of Directors will continue to search for a suitable and willing candidate to fill the position.

The approved budget and slate of elected officers will be posted on the MOAA Chapter of Northeast Florida website if you would like to review them in detail.



# January 2024 Meeting

Wednesday, 17 January 2024

Please join us for our monthly Member Meeting & Luncheon on Wednesday, 17 January 2024, at the River Cove Conference Center, directly across Mustin Avenue from the Golf Club at Naval Air Station, Jacksonville.

Our social hour starts at 1100 hours, and the meeting will begin at 1130 hours.

Dress is civilian business casual or duty uniform.

Make your luncheon reservations on line at <https://moaaf.org/Chapters/NEFLMOAA/Calendar.aspx>.

Please make your reservation as early as possible so we can provide the caterer an accurate head-count to properly set up the facility and have enough meals prepared. You must have a reservation to eat. The actual deadline/cutoff date for making reservations is midnight on Sunday, 12 November.

You can also make your reservations by calling CDR Paul Werring at (571) 274-6570 or by email at [pgwerring@gmail.com](mailto:pgwerring@gmail.com).

Cost is \$25 per person, payable upon arrival by cash, check or credit card.

Our menu will consist of garden salad with ranch & Italian dressings, chicken noodle soup, turkey/bacon/cheddar sandwiches, and strawberry cake for dessert

**Cancellation Policy: All reservations are binding financially unless they are cancelled by the Cutoff Date for making reservations or due to a last-minute hardship that is accepted by the Board of Directors.**

**[MOAA - 2024 Pay Raise: What You Need to Know](#)** *Editor's note: Excerpted from an article by Amanda Miller that originally appeared on Military.com, a leading source of news for the military and veteran community.*

On December 20, 2023, President Joseph R. Biden signed into law The 2024 National Defense Authorization Act (NDAA) approved by Congress. It backed the increase for active-duty service members and reservists. [

Current troops get a big bump in basic pay for the second year in a row starting in January, while veterans will receive an above-average increase as well. Common allowances are also going up.

**2024 Basic Pay Raise**—Active-duty troops and drilling Guard and reserve members will receive a 5.2% pay raise in January, the largest increase since getting a 6.9% raise in 2002. Set according to an established formula, the 5.2% raise was part of Biden's fiscal 2024 budget request to Congress and was included in the House, Senate and conference versions of the NDAA.

The 5.2% raise increases the monthly basic pay for an enlisted E-1 with less than two years of service by nearly \$100 to \$2,017. For an officer with the paygrade of O-4 with more than six years of service, the raise amounts to about \$380 a month for a total of about \$7,681. The Defense Finance and Accounting Service will release exact amounts within a dollar of these estimates in January.

**2024 BAS and BAH Rates** —While the raises in basic pay are accelerating in 2024, the year's relative increases in the Basic Allowance for Housing (BAH) and the Basic Allowance for Subsistence (BAS) are comparatively modest. The Basic Allowance for Subsistence, an allotment received by active-duty troops who live outside the barracks, is going up only 1.7% for both officers and enlisted members. In 2023, by comparison, BAS went up 11.2%. In 2024, the monthly BAS payment will be \$316.98 for officers, up from \$311.68, while enlisted members' BAS will increase from \$452.56 to \$460.25. The 5.4% increase in the BAH coming in 2024 is similar to the increase in basic pay but can't match 2023's 12.1% rise. BAH is set at 95% of housing costs in a given area. The nearly one million troops who receive BAH will absorb \$84 to \$194 of their calculated housing costs monthly in 2024.

**Military Veteran Pay Raise** —The 5.2% raise in basic pay for active-duty, Guard and reserve members in 2024 joins a 3.2% cost of living adjustment (COLA) given to military retirees and to veterans who receive disability checks from the Department of Veterans Affairs. While 3.2% may look low compared to the 2022 (5.9%) and 2023 (8.7%) adjustments, it's still above the average of 2.6% for the prior 20 years. That increase means that, for 2024, retired military members and veterans who receive disability payments will receive a \$32 increase for each \$1,000 of military retirement pay they receive each month. Survivor Benefit Plan payments will increase by the same amount. Military retirees who entered military service on or after Aug. 1, 1986, and opted for the Career Status Bonus (CSB/Redux retirement plan) have any COLA increases reduced by 1%. That means they will see a smaller increase of \$22 per \$1,000 in 2024.

**From Your Transition Liaison  
CDR Dave Kennett, USN (Ret)**

The Retired Activities Office (RAO) Jacksonville, Florida serves retirees, surviving spouses and their families one customer at a time. Find them in the FFSC Building, 27 Ranger St., NAS Jacksonville, FL. Visit or call 904-542-5790 for any retiree questions you have.

Watch your e-mail for a Survivor's Checklist designed to help get your affairs in order so that your family will know where to find critical documents should you become unexpectedly incapacitated. The *Nor'Easter* editor will be sending it out in early November.

My Offer of Assistance as Transition Assistance Advisor – If you or fellow Veterans, Service Members, Spouses, and Family Members need assistance with any Benefits, Entitlements, Counseling, and/or Resources, please reach out to me anytime; I am just a quick call or e-mail away and am very happy to help you and others! Take good care and all the very best always to you and yours!

V/r & Best Regards, Dave Kennett – Transition Liaison Officer / 904.790.1630



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## A Note From The Editor

*Each chapter member can help with the publication of the "Nor'Easter", our chapter newsletter, by providing content and articles that they feel would be informative. The preferred format for your input is WORD doc for written input and jpg for pictures. I will make every effort to include your input in the next monthly newsletter if content is appropriate and timely.*

**The deadline for input to the February 2024 issue of the Nor'Easter is COB Friday, 26 January 2024**



Thank you for reading and supporting our monthly  
membership newsletter

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